



2018 Women's Retreat Registration

Need a day at the beach? A time to slow down and wiggle your toes in the sand? Warm your soul at Sea Side Escape, a beach themed women's retreat. You won't want to miss this!

We will begin, after breakfast, Saturday, April 7 at 9:00. We will finish around 4 p.m. But it doesn't end there, make plans to stick around for social time and pizza.

The cost will be \$30 per person

Please fill out this registration form so we have all pertinent information about you! Also, watch your email for more information to come regarding what to bring (essentials), snacks etc.

You can also call or text Katie 515-351-1222 for more information.

Email address _____

First Name _____

Last Name _____

Cell Phone _____

May we text you? Yes No

Alternate or Home phone number _____

Do you have any special dietary needs?

No

Gluten-Free

Vegetarian

Nut-Free

Low-Sugar/Diabetic

Dairy-Free

Other _____

Would you be interested in helping with this years event?

Decorating

Meals

Sessions

Prayer

Other _____